

Merizo Martyrs' Memorial School

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Dolphin News Splash



Jump Rope For Heart 2017

Once again, MMMS has partnered with the American Heart Association to promote heart health and help those with heart conditions. Packets with detailed program information were sent home with students on January 23, 2017. Our culminating activity for JRFH 2017 will be held on Friday, February 24, 2017. For more information or if

you would like to volunteer with this event, you may contact Nurse Paula at the number listed above or via email at plaw@gdoe.net.

January-February 2017

Volume 1, Issue 6



MMMS Student Council Members

This school year marks the first in many years that MMMS has held an election for Student Council. The election was held in December and winners announced during the Holiday Literacy Festival. Congratulations to our newly elected Student Council members listed below.



President—Jaydah-Rome Cruz
Vice President—Ethan Topasna
Secretary—Zaiarra Tainatongo
Treasurer—Aydria Sanchez

Dates To Remember

- Tuesday, January 31st—1st Semester Awards Ceremony @ 1:45pm in cafeteria
- Monday, February 6th-Friday, February 24th—Read-A-Thon
- Tuesday, February 14th—Wear red, pink, or purple for Valentine's Day
- Friday, February 17th—3rd Quarter Progress Reporting
- Friday, February 24th—Jump Rope For Heart Culminating Event

Library Announcements

International Reading Association Annual Read-A-Thon—Permission slips for participation in this year's Read-A-Thon were sent home with students on January 23, 2017. If you would like your child to participate please sign, and return the permission form as soon as possible.

Coming Soon: MMMS Library Website—Families will soon be able to access our school library website. Be sure to stay tuned for details! Announcement will be made once the website has been finalized.

Main Office Announcements

Dolphin Pride T-Shirts Order—There are still "Is Going To College" t-shirts in stock for immediate purchase. For available sizes, please contact our main office at the number listed above. Additionally, the next bulk order of Dolphin Pride T-Shirts ("828" and "Is Going To College" designs) will be placed by the end of January. If you are interested in ordering, please request for an order form through your child's teacher. Order forms are also available in the main office. Orders must be placed by January 31st.

Update Contact Information—Should there be a change in any contact information, please ensure that this is communicated with your child's teacher and the main office. It is very important school personnel have reliable contact numbers should they need to get ahold of parents/guardians.

Notes Required for Change in Transportation—In an effort to maintain accountability of our students, we would like to remind parents/guardians to provide a written note if there is to be any change in your child's after school transportation and/or destination.



Dolphin Praise



Community partnerships and service play a big role in the success of all our students. Kudos to members of our learning community for striving to develop outstanding citizens and leaders of tomorrow!

Dictionary Presentation—On December 15, 2016, representatives from the Rotary Club of Tumon Bay visited our campus for their annual Dictionary Presentation to our 3rd graders. Each student received a dictionary to keep courtesy of the RCTB.



Canned Food Donation—A representative from the Salvation Army was presented with a variety of non-perishables collected from our canned food drive in December. A total of 828 cans were collected with a portion going to the Salvation Army and the rest to the Mayor's Office. Congratulations to Mrs. Mantanona's 2nd grade class for bringing in the most donations! Thank you families for your generosity!



Painting Project—Members of our Youth Crime Watch and Flag Detail spent a day during their Christmas Break painting our PBIS expectations in the common areas of our campus. Special thanks to these students and the adult volunteers for all your hard work as well as the parents/guardians and families for your support!

Birthday wishes to our Dolphins who were born in January and February!



January

Zoey Sanchez—1/1	Jonas Cruz—1/18
Jhonavan San Agustin—1/2	Jayden Sanchez—1/18
Christian Quinata—1/3	Jaylon Sanchez—1/18
Jaedah Aguon—1/5	Camaren Quidachay—1/19
Jaydah-Rome Cruz—1/6	Coley Nauta—1/20
Amari Tenorio—1/8	Chloe Barcinas—1/24
Shaun Candaso—1/10	Franklin Meno, II—1/30
Devin Yamasta—1/11	Alyana Santiago—1/31
Kaylene Smith—1/11	<i><u>Faculty & Staff</u></i>
Chloe Esteves—1/12	Rose Llanes—14th
Dashion Kete—1/13	JessieLynn Conceicao—15th
Victoria Sablan—1/13	Antonia Livesay—15th
Aiden Flores—1/14	
Ana Nededog—1/16	

February

Gregory Quidachay—2/1	Masie Quidachay—2/22
Jaython Quidachay—2/3	Maddox Manglona—2/22
Liam Ralph—2/4	Gabriella Sanchez—2/24
Rson Retilifi—2/4	Barbara Kasio—2/25
Jozaphene Topasna—2/5	Caleb Fejeran—2/25
Juan Hale—2/8	Geanie Mansapit—2/28
Misah Elm—2/8	
Luke Jasmin—2/9	<i><u>Faculty & Staff</u></i>
Joelee Mansapit—2/13	Vernon Parr—2/8
Sabson Retilifi—2/16	Shirley Fegurgur—2/8
Garret Mansapit—2/18	Thelma Soriano—2/10
Jose Aguon—2/19	Tiffani Unsiog—2/13
Ernil Kintin—2/21	Dr. Rosete—2/16
Kassidy Kition—2/22	Jodie Nelson—2/16

Home & School

Working Together for School Success

CONNECTION®

February 2017



Merizo Martyrs Memorial School

SHORT NOTES

On time every day

Arriving at school on time allows your child to settle in and take full advantage of every learning activity. Let him take the lead on this important responsibility by teaching him to set an alarm. *Tip:* Suggest that he place the clock across the room so he has to get out of bed to switch it off.

A “mind rehearsal”

Have your youngster “practice” challenging situations in her mind to boost her confidence. Before a cheer-leading competition, for example, she could picture herself nailing her routines. Or if a big test is coming up, she might imagine staying calm and answering questions to the best of her ability.

Field trip learning

When you sign a field trip permission slip, show interest—you’ll inspire your child to learn more from his outing. Ask him to predict what he will see and learn. Together, look up the destination online or in books, and say something like, “I can’t wait to hear which instrument is your favorite at the symphony.” Then, follow up with him afterward.

Worth quoting

“Life’s most persistent and urgent question is, ‘What are you doing for others?’” *Martin Luther King, Jr.*

JUST FOR FUN

Q: Why can’t you tell a joke while standing on ice?

A: Because it might crack up.



Great graphic organizers

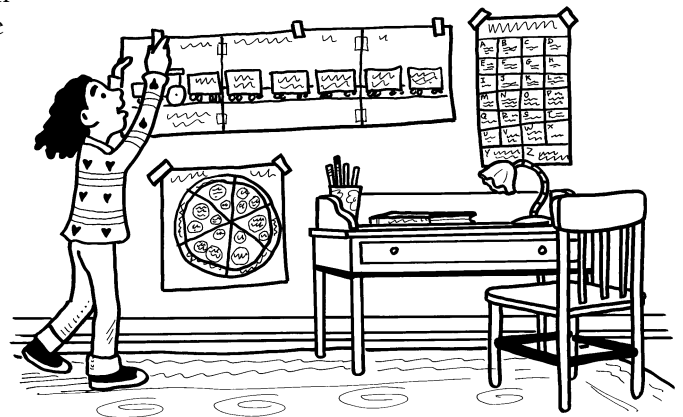
Organizing information in creative ways can make studying more interesting and productive for your youngster. Encourage her to try these graphic organizers—and to invent some of her own!

Cars in a train

Drawing a train is one way to understand and study steps in a process or events in a sequence, such as the parts of the scientific method or the plot of a novel. Suggest that your child label each train car with a step (“Ask a question,” “Make a hypothesis”) and add a picture to illustrate it.

Toppings on a pizza

Have your youngster draw a pizza to visualize facts. On each slice, she should write a category of information (*example:* “Lewis and Clark,” “Cartier,” and so on for a quiz on explorers). She can draw toppings (pepperoni, mushrooms) and put a fact on each one. On the Lewis and



Clark “pepperoni,” she might write, “Started in St. Louis” and “Ended at the Pacific Ocean.”

Letters of the alphabet

Let your child divide a sheet of paper into 26 squares and label them A–Z. Then, she could write a fact that begins with each letter. If her topic is habitats, she can define *desert* in the D square and *rain forest* for R. Being creative with less-common letters will get her thinking more deeply about the material (“Quick temperature drops happen at night in the desert” for Q).♥

Respect all around

Every day, there are plenty of opportunities for your child to show respect for others. Here are examples.

● **At home...** The dinner table is a great place to start. Teach your youngster to thank the cook. He’ll show respect for the person’s time and care in preparing the food.

● **In school...** Encourage him to be respectful of other children’s backgrounds by learning greetings in the languages they speak at home.

● **In your community...** Explain that shoppers respect store employees by not creating extra work for them. If you decide you don’t need an item in your cart, help your child return it to where it belongs. After you load groceries into your car, have him walk with you to return the cart.♥



Keep screen time in check

Do you worry that your child spends too much time in front of a screen? Do you wonder how he could best use technology? Consider this advice for helping him to balance screen time with other activities and to make the most of the time he does spend on electronics.

Aim for a mix. Together, look for ways to balance screen time with schoolwork, active play, and



family time. Make rules about where and when your youngster uses a computer, tablet, smartphone, or video game (say, in the living room after homework is finished). Have him set a timer while he uses a device—when it goes off, it's time to go out and play or help you prepare dinner, for example.

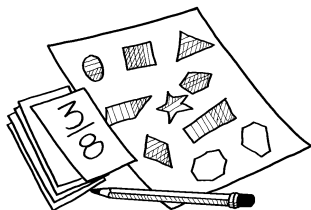
Use technology as a tool. Encourage your child to regard a device as a tool to use for specific purposes. He might download an astronomy app to help spot constellations in the night sky or a birding app to identify bird calls during a hike. He'll learn to rely on technology for real-life purposes.♥

ACTIVITY CORNER

Fraction art

Your youngster can practice identifying and representing fractions by creating this colorful mosaic with you—fraction by fraction.

Materials:
pencil, paper,
index cards,
crayons



1. Let your child draw 10 geometric shapes on a sheet of paper, such as circles, squares, rectangles, triangles, trapezoids, and pentagons.
2. On separate index cards, have her write any 12 fractions (examples: $\frac{1}{2}$, $\frac{1}{3}$, $\frac{1}{4}$, $\frac{2}{6}$, $\frac{3}{8}$). Shuffle the cards, and stack them facedown.
3. Take turns flipping over a card (say, $\frac{3}{8}$). Pick a shape, and color in that fraction on the shape (draw lines to divide it into 8 equal parts, and color 3 parts).
4. When you've used all the cards, shuffle and keep going. Continue until you've filled as many shapes as possible.

Note: If you get a fraction that isn't available to color, turn over cards until you select one you can use.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

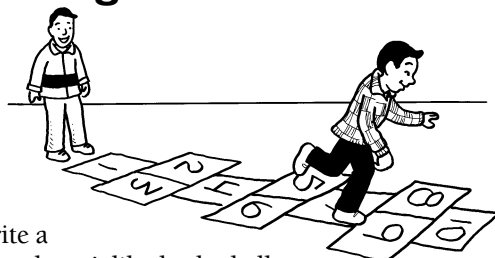
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A plan for problem solving

When your child faces a problem, having a solid plan can help him figure out how to solve it. So whether he's had a disagreement with a friend or has fallen behind on his schoolwork, suggest this approach.

- **Identify the problem.** Let him write a quick summary of what's wrong. ("Elliott doesn't like basketball, but that's what I usually play at recess.")
- **Imagine the ideal solution.** For instance, he probably wants to remain friends and still play basketball.
- **Figure out alternatives.** Encourage him to brainstorm solutions. *Examples:* "Offer to play with Elliott at recess every other day." "See if he wants to find something to play that we both like."
- **Choose a solution.** He could pick the solution he likes best or that he thinks is most likely to work.
- **Evaluate.** Have him try out that solution and ask how it went. If it didn't work, then he can consider another alternative from his list.♥



PARENT TO PARENT

Overcoming shyness

My daughter Gabrielle has always been shy and quiet around people she doesn't know well. This year, her teacher told me she was worried because Gabrielle rarely speaks in class.

We met with the school counselor, who had some good advice. For example, I'm trying to let Gabrielle speak for herself rather than jumping in to "rescue" her. When someone asks her

name, I smile at her and wait instead of saying it for her. I'm also encouraging her to order her food in restaurants and to speak up at places like the hair salon and the dentist's office.

The counselor helped Gabrielle set a goal of raising her hand to answer a question at least once a day. We're having fun practicing by playing school at home—and her teacher just sent home a note saying she's seeing a little progress!♥



Recipes for Success

Practical Activities to Help Your Child Succeed

FEBRUARY 2017

Refrigerator Poster

Just hang your *Recipes* poster on the refrigerator and sneak in an activity when you have a few minutes. These fun activities will help develop school success and positive behavior. Check off each box as you complete the "recipe."

ADDITION Musical math

Your child can practice addition by playing musical "notes" on pots and pans.

Ingredients: pencil, sticky notes, pots and pans, paper

Let your youngster assign each pot and pan a number value. She could write the number on a sticky note and stick it on the pot or pan. Maybe a small pot is worth 2, a medium pan 4, and a big pot 8. Then, set a numerical target for her, say 10 or 16.



To reach the target, she creates a song using "notes" that add up to it. For example, hitting a 2 and an 8 will give her a tune worth 10 points ($2 + 8 = 10$). Or she could tap the 8 once and the 4 twice to get 16 ($8 + 4 + 4 = 16$). She can add in her head or on paper to keep track. When she's ready, have your child play the song—and tell you the equation she created.

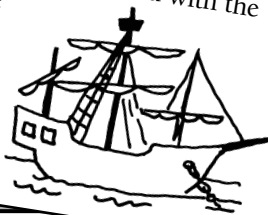
SEQUENCING

Tell your child about your day, but mix up the events so they're out of order. You might say, "I had lunch. I drove to work at 8 a.m. in terrible traffic. Then I clocked in at work." Can he figure out the real sequence? He'll see that putting things in the right order matters.



HISTORY

Ask your youngster to write a pretend postcard about an important event from the past. Maybe she'll write, "I'm in Boston. Protesters against Britain's Tea Act have dumped tea off the ships into the harbor!" Let her "stamp" her postcard with the actual date the event happened (December 16, 1773).



READING Roll and read

With a roll of the die, your youngster will boost his reading skills.

Ingredients: book, paper, pencil, die

Together, write four questions that can be answered after reading a story. *Examples:* "What's the main idea?" "What is the problem that needs to be solved?" Then, jot down two silly activities ("Wiggle your nose," "Dance the Twist"). Have your child number the questions and activities, 1–6.

Now, read a book aloud. Take turns rolling the die. Answer the question or do the activity that matches the number, and cross it out. Roll again if you duplicate a number. After doing all six, play again with another book.



WRITING Missing letters

Encourage your child to write a lipogram—a piece of writing that leaves out one letter of the alphabet. She'll learn to think carefully about word choice.

Ingredients: paper, pencil, thesaurus

Perhaps she'll create a lipogram without the letter t. So if she wants to use *frosty*, she'll have to find words with similar meanings, like *icy* or *glacial*. Or maybe she'll reword a sentence so that it says the same thing in a different way ("We made a snow house" instead of "We built a snow hut").



Suggest that your youngster start by writing a sentence or a paragraph. Once she has the hang of it, let her try writing a poem, letter, or short story that's a lipogram! *Note:* Encourage her to use a thesaurus to look up synonyms if she's stuck.

Recipes for Success

Practical Activities to Help Your Child Succeed

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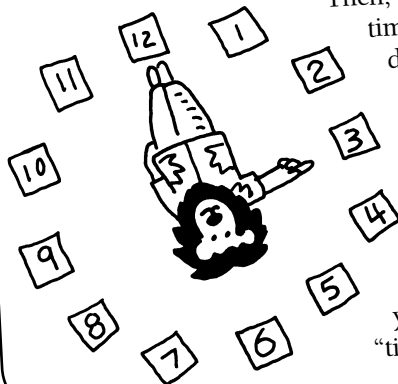
Character Corner

TIME Life-size clock

Making a giant human timepiece is a fun way to work on telling time.

Ingredients: paper, pencil or crayon, floor space

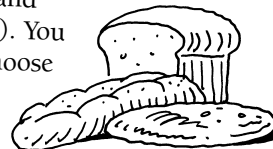
Have your child number separate sheets of paper 1–12. Either outside or in a large space on the floor, he could place them in a large circle as they would appear on a clock.



Then, take turns calling out a time. The other person lies down and shows the time using both legs together as the minute hand and one arm as the hour hand. If you say “3:00,” he would point his toes to the 12 and his right arm to the 3. Snap a photo so your youngster can see what the “time” looks like!

CULTURES

People all over the world eat many kinds of bread. When you grocery shop together, ask your youngster to look for different varieties. How many can he find? *Examples: roti (India), focaccia (Italy), and lavash (Armenia).* You might let him choose one to try at home.



FRACTIONS

Have your child stand on an unfolded newspaper. Let her fold it in half, say the fraction ($\frac{1}{2}$), and stand on it again. She should continue folding it, trying to place her feet on the smaller and smaller paper. Each time, ask what fraction remains. She'll quickly realize that $\frac{1}{8}$ is smaller than $\frac{1}{4}$!



HELPFULNESS

Create a helpfulness award to pass around. Your youngster can label a paper heart “Heart-y Helper.” When someone lends a hand, your child gives that person the award. Then, the award-holder presents the heart to someone else for helping.



GOAL SETTING

A “goal guide” will remind your youngster of what she wants to achieve. Have her cut out magazine pictures and tape them on paper. If her goal is to read a chapter book, she could find a photo of a book. If she hopes to be more active, she might look for a picture of a bike.



EMPATHY

Recognizing people's feelings can help your child show empathy. Play a game by making faces and having the other person name the emotion. *Example:* Raise your eyebrows and gasp to act surprised. Try other emotions like happiness, anger, or fear.



GRAMMAR

Try this idea to play with adjectives. Place a mystery item in a paper bag. Let your child close her eyes, reach in, and touch it.

Ask her to describe the object using three adjectives (“rubbery, squishy, small”). Can she guess the object? (A rubber duck.)



Congratulations!

We finished _____ activities together on this poster.

Signed (parent or adult family member)

Signed (child)

SCIENCE

When it thunders, help your youngster figure out how far away the storm is. Have him count the seconds between seeing the lightning and hearing the thunder. For every five seconds counted, the storm is one mile away. *Tip:* Recite “one-Mississippi, two-Mississippi” to count seconds.

